

## **Children's Books About Social Skills and Friendships:**

*How Humans Make Friends, Loreen Leedy.*

*Double-Dip Feelings: Stories that Help Children Understand Emotions, Barbara Cain.*

*Amelia Badelia, P. Parish (helps with literal interpretation).*

*Feeling Left Out, Kate Petty and C. Firmin.*

*I'm Frustrated (Dealing with Feelings), Elizabeth Crary and Jean Whitney.*

*The Grumpalump, Hayes.*

*The Hundred Dresses, Eleanor Estes.*

*Ma, You're Driving Me Crazy, Goffe.*

*The Trouble with Friends, S. Berenstain and J. Berenstain.*

*Fast Friends, J. Stevenson.*

*I did It, I'm Sorry, C. Buehner and M. Buehner.*

## **Books Recommended to Aid in the Development of Social and Communication Strategies:**

*Helping a Child with Nonverbal Learning Disorder or Asperger's Syndrome: A Parent's Guide, by Kathryn Stuart.*

*Teaching your Child the Language of Social Success, by M. Duke, S. Nowicki, and E. Martin.*

## **Books about Attention Deficit/Hyperactivity Disorder:**

*ADD Success Stories: A Guide to Fulfillment for Families with ADD, Thom Hartman*

*Driven to Distraction, AD/HD in Children and Adults, Edward Hallowell*

*Helping Your ADD Child: Hundreds of Practical Solutions for Parents and Teachers of ADD Children and Teens, F. Frank*

*Raising Your Spirited Child: A Guide for Parents Whose Child is More Intense, Sensitive, Perceptive, Persistent and Energetic, Mary Sheedy Kurcinka*

*Put Yourself in their Shoes: Understanding Teenagers with ADHD, Harvey Parker*

*Brainstorms: Understanding and Treating the Emotional Storms of ADHD from Childhood to Adulthood, H. Joseph*

*The Link Between ADD and Addiction: Getting the Help you Deserve, Wendy Richardson*

### **Attention Deficit Hyperactivity Books for Children:**

*Putting on the Brakes: Young People's Guide to Understanding AD/HD, Patricia Quinn*

*My Brother's a World Class Pain- A Sibling's Guide to ADHD, Michael Gordon*

*Jumping Johnny Get Back to Work- A Child's Guide to ADHD, Michael Gordon*

### **General Parenting Books:**

*Systematic Training for Effective Parenting(STEP):Parenting Your Preschool Child, -Parent's Handbook, Dinkmeyer and McKay*

*Systematic Training for Effective Parenting(STEP): Parenting Your Grade school Child - Parent's Handbook, Dinkmeyer and McKay*

*Systematic Training for Effective Parenting (STEP): Parenting Your Teen- Parent's Handbook, Dinkmeyer and McKay*

*Making Children Mind Without Losing Yours, Kevin Leman*

*Too Much of A Good Thing, Raising a Child of Character in an Indulgent Age, Kindlon*

*Raising an Emotionally Intelligent Child, John Gottman*

### **Resources for Children with Sensory-Integration Dysfunction:**

*The Out of Sync Child: Recognizing and Coping with Sensory Integration Dysfunction, Carol Stock Kranowitz*

*The Out of Sync Child: Activities for Parents and Children, Carol Stock Kranowitz*

### **Books for Parents about Nonverbal Learning Disability:**

*The Sourcebook for Nonverbal Learning Disability*, by Susan Thompson. It is available from Linguistics, 3100 4<sup>th</sup> Avenue, East Moline, IL 61244-9700. 1-800-776-4332.

*Nonverbal Learning Disabilities at Home: A Parent's Guide* by Pamela Tanguay. A school based edition of this book is also available for teachers and other school professionals.

### **Books for Parents about Asperger Syndrome and High Functioning Autism:**

*A Parent's Guide to Asperger Syndrome and High Functioning Autism*, by Susan Ozonoff.

*Autism and Asperger Syndrome*, U. Frith.

### **Books for Parents about Executive Functioning Deficits:**

*Executive Skills in Children and Adolescents*, by Dawson and Guare.

**Resources provided by:**

**Long Grove Psychological Associates, 211 Robert Parker Coffin Road  
Long Grove, Illinois 60047, [www.longgrovepsych.com](http://www.longgrovepsych.com)**