

## **SOCIAL SKILLS GROUP**

**For grade school, middle school and high school children/adolescents with difficulties in social skills due to learning disabilities and/or attention deficit/hyperactivity disorder.**

**This eight week group will be limited to 6 children and will involve role play and group activities covering the following topics:**

- **Nonverbal communication (eye contact, reading facial expressions, personal space),**
- **Role playing for positive social interaction (approaching children socially, communication/give and take of social interactions, social problem solving),**
- **Labeling emotions and coping with negative feelings (such as anger management, impulsivity) and self-esteem building,**
- **Assertiveness/standing up to bullies,**
- **Levels of friendship.**

**Fee: \$40 per session. Insurance may cover this group.**

**Location: 211 Robert Parker Coffin Rd., Long Grove, IL 60047.**

**Dates: Various days and times available.**

**Call Dr. Hoffman for more information: 847.821.1442.**

**Dr. Hoffman is a licensed clinical psychologist specialized in working with children with neurobehavioral disorders and their families.**